



I work with people who want to rise above adversities and live their best lives!

## “ What Clients Have to Say

*Absolutely made a **positive impact** in my work!*  
Francisco Fuentes, VP Risk Mgmt Chicos

*Story driven, informational, **actionable content!***  
Katie Krimitsos, Co-Owner Tampa Business Owners

*You **energized and inspired** our group!*  
Jessica Rivelli, Founder Working Women Florida

*Absolutely **amazing! Captivating** presentation!*  
Lydia Pizarro, Dress For Success Tampa

*You **resonated well** with our audience and your **message was perfect!***  
Rick Coyne, CEO Club Mark Corporation

*Her knack to **engage an audience** is impeccable!*  
Rosie Slocum, Director of Membership-BallenIsles CC

*I'm a **survivor of the L. Nassar Scandal**, thank you for your **TEDx** talk.* Kayla Galecka, Former Gymnast

Rena knows that the right attitudes and actions create the right mindset for accelerating results in business and in life. An award-winning career in construction sales led her to start her own business sharing the successful strategies that brought her success.

She is a member of the National Speakers Association, a veteran of the TEDx stage, and was a featured guest on “The Oprah Winfrey Show”

THE  
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An UPSIDE, no matter  
what we've gone  
through!

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Sharing my story of survival and giving people practical, fun and empowering strategies to bring their best self to life every day! Programs customized to meet your theme.

### Live Your Best Life!

“Attitude-Mindset Success is Everything” A Version of TEDx talk inspiring people to THRIVE no matter Their Past!

### Discover HOW TO:

- Focus on strengths to create a winning mindset and become a Leader in Your Life
- Check “Emotional Intelligence” to adopt 100% accountability in mindset and actions
- Overcome issues such as shame, self-doubt/self-worth, limiting beliefs or lack of confidence

### Be A Hero and Lift Others!

It's how we impact lives. Great talk for fundraisers, Volunteering, mentorship and financial support and become a hero/shero. Also a version of TEDx talk.

### Discover HOW TO:

- Hero's aren't just found in comic books
- Be the solution that creates and maintains positive communities
- Possess the overlooked qualities that leaders share

### Finding the Right Work-Life balance For You!

What works for others may not work for you. Success comes from a winning mindset and showing others how to develop the same while maintaining a healthy balance that is RIGHT for YOU.

### Discover HOW TO:





- Rise above and tackle daily challenges with a CAN DO attitude
- Build upon the 3 essential qualities to succeed in life and business
- De-Stress and be more present for family, employees, and colleagues

Speech / Presentation Skills and TEDx Coaching Available



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- ✓ Keynotes
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*"Your Keynote was **inspiring!**  
As a matter of fact, many of our members, gave me a big **"Thank You"** hug and said **I needed to hear that!**"*

Ginger Carlisle, Regional VP - Primerica

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